

Professional Footballer

Sydney, Australia



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Age: 23

DOB: 08/11/2000

Weight: 62kg

Nationality: New Zealand

Height: 169cm

Preferred Position: Attacking Midfield

Dominant Foot: Right

My football

My goal has always been to pursue a professional career in football. From a young age I was inspired by my internationally acclaimed sporting father who has always striven to be the best. His example has taught me to work hard, stay focused, never give up and always aim high. I always go beyond the simply adequate. I have taken the role of captain throughout my football career. As well as a leader, I consider myself as a motivator pushing those around me to strive for their best. Such responsibility is a constant reminder for me to push for self-improvement, not just in football but in life as a whole. I want to keep pushing to compete at the highest level I can.

Career Summary

Juventud Paternense CFF





Valencia CF 2011 - 2019



Loughborough University



Nottingham Forest FC

2022 - 2023



Adelaide United FC 2023 - 2024



My football

I consider myself a strong presence in the midfield, covering a lot of ground and breaking up play. In possession, I look to show composure and play penetrative passes that disrupt the opposition. My energetic playing style enables me to contribute in both helping the defence and building attacks, even contributing with goals. My one-touch passing style helps to create space and to switch play, whether from a deep position or an advanced one. My versatility has meant that I've played in different roles within midfield: as a CDM and as an attacking CM making runs in behind. I've always been extremely competitive. I look to lead by example in how I speak to my teammates alongside my work ethic. I have

captained every side that I've been lucky

My Stats

Measurement	Stats	
Av. Distance (km)	9.5	
Top Speed (m/s)	8.96	
Sprint Dist. (m)	643	
Av. Sprints	17	
Measurement	Stats	
Hamstring Strength (mmHg)	L = 220 R = 210	
Groin Strength (mmHg)	240	
Knee-to-wall asymmetry	8%	
Forward reach asymmetry	5%	
Endurance	19	

Career Achievements

enough to play for.

2019 > Promotion to 'Primera nacional"

2019 > U20 New Zealand **National** Team Training Camp

2021 > BUCS Premier League Winners

2021 > BUCS National Champions

2022 > English University *Representative* Team

2022 > FA Women's **Championship**

2023 > Women's National League Cup **Winners** 22/23

2023 > Women's National League Champions 22/23

